ROOSEVELT HIGH SCHOOL

Rider Record

December 2011 *A PTSA Publication* Volume 22 Issue 3

FROM THE PRINCIPAL'S DESK

I am writing this newsletter just before Thanksgiving and it gives me a chance to reflect on what I am thankful for. I am thankful to work at Roosevelt High School. Each day I get to interact with the best students, teachers, support staff and families. I am so proud of what we accomplish each day, week and year. I am also excited for the future, as I know that we can do even better in helping even more of our students prepare themselves for their lives after high school. Our students continue to amaze me with their talent and dedication. Be sure to get out and see these talents on display at any of the upcoming events including the start of the winter sports seasons, the HollyBerry concert, Jazz Nutcracker, and Quilters. I also want to congratulate all of the fall sports teams on their successful seasons and the way they represented RHS.

This month's edition is focused on the "Alphabet Soup" of abbreviations and acronyms at Roosevelt High School. I will discuss two of them BLT and IC. We all know that in order for us to achieve our mission of having all students lead successful and satisfying lives we all must own a piece of our success. These two groups, BLT and IC, play a critical role in shaping the future of Roosevelt High School. It is my hope that by sharing a brief outline of the function of each one, you will better understand where certain issues are discussed, decided upon and how you can get involved.

Let's start with the BLT, not the sandwich but the Building Leadership Team. The BLT is made up of staff, students, and parents. This committee meets every other week on Tuesdays (1st and 3rd) at 2:45 to discuss building wide issues including school wide-events, attendance, student activities, and school climate. The BLT is also responsible for providing leadership and direction for staff professional development, the school budget and the school's continuous school improvement plan (C-SIP), http://www.seattleschools.org/area/csip/index.dxml). The BLT chairperson for 2011-2012 is John Walseth (jswalseth@seattleschools.org).

Next is IC, the Instructional Council. The composition for IC is slightly different in that it includes all of the department heads, head librarian, head counselor, activity coordinator, student body president and a parent representative. IC meets every other week on Tuesdays (2nd and 4th). The purpose of the IC is to provide leadership and direction to the school's instructional program. This includes looking at new course proposals, classroom policies, current best practices, etc. The IC chairperson is Jon Bonnelle (jabonnelle@seattleschools.org).

These two groups, in concert with the support of the building administration, teachers, support staff and the Parent Teacher Student Association (PTSA), allow Roosevelt High School to provide our students the best high school experience possible. As mentioned above, our students continue to find success and with your continued support they will do so into the future. Go Rough Riders!

Sincerely yours in education,
Mr. Brian Vance, RHS Principal

Happy Holidays!

Lunchroom Tips

There are two ways to deposit money into your student's lunch account:

- Bring check or cash to school lunchroom for deposit into account. This can be brought by student directly to lunchroom staff – their funds are then automatically replenished. Please keep in mind the cost of lunch is $3.00 a day.
- An alternate way to add money to your students lunch account in an online process:

Using the www.paypams.com, you can enter money into your student's account 24/7 from your home computer.

Spicy Burgers are a number one hit! And, fresh fruit and vegetables are available every day.

Phyllis Stevens, Lunchroom Manager

Latin News

- December 6: R in R 2012 Meeting for parents and travelers. 6:30 p.m. in Room 139
- December: RHS JCL Saturnalia Party (exact date to be announced).
- January: 65th WA/BC State Convention Registration forms distributed.
- February: 65th WA/BC Convention Fee $75 due; make check payable to WA/BC JCL Convention 2012
- February: JCL Lupercalia Party (exact date to be announced).

Questions? Contact
njmacdonald@seattleschools.org
Ex animo, Magistra MacDonald

RHS Glitter Sale

Stayed tuned for the first annual RHS Glitter Sale where you'll find gently used dresses, handbags, and shoes for sale at rock-bottom prices.

Look for more information soon about the February sale. Proceeds will benefit the Class of 2014.

NOTES FROM THE COUNSELING CENTER

Roosevelt Counseling Office Is Here To Serve You

The Counseling Office is here to serve Roosevelt students and their parents/guardians. If you have a concern or a question, please call us at the Counseling Office, 252-4827 or contact individual counselors at the phone and e-mails listed below. Counselors are assigned based on the first letter of the student's last name.

A –E	Sarah Chapman schapman@seattleschools.org	252-4835
F-K	Wendy Krakauer, Head Counselor wrkrakauer@seattleschools.org	252-4836
L-Q R for class of 2012	Dr. Littlebrave Beaston lbeaston@seattleschools.org	252-4825
S-Z	Frank Heffernan fheffernan@seattleschools.org	252-4826
R for classes of 2013, 2014, & 2015	Erin McCullough (Intern, supervised by Frank Heffernan) emucullough@seattleschools.org	252-4818

COLLEGE ADMISSIONS TESTING:
ALPHABET SOUP IN THE COUNSELING OFFICE

A lot of acronyms are bandied about in the Counseling Office, many of which are related to admissions testing required by a lot of colleges. We want to help you sort through all those terms.

About 70% of the four year colleges in this country require admissions testing as part of the college application process, with the other 30% being test optional to various degrees. For those colleges who do consider test scores as part of the admission decision**, it is important to keep in mind that admissions testing is just one piece of information colleges consider, is not the most important piece of information, and it is just one relatively small snapshot into the student's ability and performance**. Having said that, though, college admissions testing is part of life for most students applying to four year colleges. The choices are the **ACT** or the **SAT (**along with SAT subject tests for some selective colleges. The subject of which test to take and the difference between the tests is rather lengthy. The Counseling Office did a workshop earlier this fall explaining the two tests, and we have a hand out in our office that parents are welcome to pick up. Parents can of course also talk to their student's counselor to get information. In the meantime, keep in mind that just about all four year colleges in this country will accept either test (the only exception being a few small bible colleges in the Midwest), neither test is preferred over the other, the SAT measures overall reasoning ability and the ACT, similar to a classroom test, is curriculum based.

Since the ACT and SAT are very different, some students are going to do much better on one type of test than the other. Rather than expend time, money, energy and stress by taking both tests when applying to college, we suggest that students take the **PLAN (practice ACT)** in late fall of 10th grade. The test will give students predicted ACT scores, as well as helpful career planning information. We then urge all potentially college bound juniors to take the PSAT (practice for the SAT) in October. The past three years the District has had a grant that allowed for all 10th and 11th graders to take the PSAT. Scores from junior year are a better predictor of actual SAT scores, however, and only scores from 11th grade can be used for the National Merit Scholarship Qualifying test. Thus armed with predicted scores for both the ACT and SAT, students are in a good position to decide whether to take the ACT or the SAT in spring of junior year and/or fall of senior year as part of the college application process.

PLAN AND PSAT RESULTS

Tenth grade students who took the PLAN (practice for the ACT college admissions test) on September 28, and sophomores/juniors who took the PSAT, (practice for the SAT college admissions test) on October 12 will get test results back either right before or right after the December break. An exact date has not been set, since we are still waiting to receive the test results. We will return the PSAT results for juniors in U.S. History classes, and we will go to 10th grade LA 10 classes to hand back both PLAN and PSAT results. If you or your student want additional information about the results, or if you have not seen your student's results by the end of January, please contact your student's counselor.

FINALS ARE COMING

First semester of the 2011-2012 school year ends 1/26/11. Adjusting for a half furlough day the District has set for January 24 to address budget shortfalls and resulting cuts in staff pay, final exams will take place 1/23, 1/24, 1/25 and 1/26. (Note: on the half Furlough Day, all staff and students will need to leave the building around 11:30 a.m., there will be no after school activities or sports practices and the building will be locked). For folks new to Roosevelt, and as a reminder to everyone else, the class schedule will be modified on all four finals days, with not all periods taking place every day, and approximately two hour meeting times scheduled for all final exams. Download the first semester final exam schedule at http://www.rhsseattle.org/file.php?id=100. You can pick up a hardcopy in the counseling office and main office. Students need to remember, however, that the key to earning good grades is not simply to show up for the final exam. Rather, students should be attending every class every day and completing every assignment throughout the semester!

MONEY! MONEY! MONEY!

As we informed you in the last issue of *The Rider Record*, if your senior needs scholarships, grants, and/or loans to help with the costs of post-high school education or training, make sure that your family completes the FAFSA (www.fafsa.ed.gov). We suggest you review the information provided about the FAFSA in the November issue. If you missed the Roosevelt Financial Aid workshop held on 12/6/11 or have additional questions, a good online source of information: http://studentaid.ed.gov/

As some families have no doubt already discovered, depending on what post-high school institution your child wants to attend, the **CSS Financial Aid PROFILE** may additionally be required. You can get a list of colleges which require the PROFILE, (primarily private schools) as well as other information, by going to https://profileonline.collegeboard.com/index.jsp. There is a small registration fee charged to submit the PROFILE, but the fee will be waived for families who meet income guidelines, with that determination being made automatically online based on the income data you submit.

FIRST QUARTER REPORT CARDS AND 15-WEEK PROGRESS REPORTS

First quarter report cards for the quarter ending 11/04/11 were mailed home on 11/19/11. If you did not receive your student's quarter grades in the mail, please call your student's counselor so we can double check the mailing address and also print out another report card. **After reviewing the first quarter report card, if you are concerned about how your student is doing, start** by **contacting your student's teacher(s).** If you are logged on to The Source (http://source.seattleschools.org), you can access staff phone numbers and e-mail through that website. If you have concerns about your student's overall progress academically, and you have first talked to teachers with specific questions about grades in certain classes, then your student's counselor would be the appropriate next contact.

Fifteen-week progress reports, for work done through December 9, will be handed out to students to bring home on December 14. Fifteen-week progress report grades should be identical to grades entered into the Source as of the end of the day on 12/13/11.

Note that first quarter report cards and fifteen-week progress reports are both "just" progress reports and do not get entered onto a student's transcript. Students should talk to individual teachers about how progress report grades are factored into the final semester grade that is part of the student's permanent record.

Math State Testing Graduation Requirements

- Class of 2015 has to pass both the Algebra and Geometry End of Course Exams (EOC)
- Class of 2014 has to pass one End of Course Exam in either Algebra or Geometry
- Class of 2013 has to pass one End of Course Exam in either Algebra or Geometry
- Class of 2012 has have previously passed the Math HSPE, one End of Course Math Exam or complete 2.0 math credits after 10th grade.

* Students who are enrolled in Algebra 1 or Geometry will take the End of Course exam at the end of the school year.
* If students are enrolled in Algebra 2 or higher they will take a Make-Up End of Course Math Exam. This test will be offered in January and at the end of the school year.

January 10th End of Course Algebra Make-Up Exam is at 8:00 a.m. in the Theater (Note: this is a late arrival day, so students who need to take this test will have to come to school at 8:00 a.m.)

Who will take the January End of Course Make-Up Algebra Exam?

- Class of 2015 students who are in Algebra 2 or higher
- Class of 2014 students who are in Algebra 2 or higher who either haven't taken the EOC or didn't pass the EOC last year.
- Class of 2013 students who haven't previously passed or taken the End of Course Exam
- Class of 2012 students who haven't previously passed or taken the End of Course Exam or the Math HSPE. Note even if students are on schedule to use their 2.0 math credits after 10th grade, they **should** take the January Algebra Make-Up EOC.

* Please have students bring their calculators to testing.
* Students will be sent a letter to their math class to inform them of testing.
* A list of students who need to take the January End of Course Algebra Make-Up Exam will be posted outside of the Counseling Office on January 3rd. Please have your student check the list before testing on January 10th to make sure they are on the list.

Any questions please email Erin Bailey Academic Intervention Specialist at eebailey@seattleschools.org or call 206-252-4824

Hands for a Bridge Ten Year Anniversary Dinner

Mark your calendars for this year's Hands for a Bridge fundraiser event, celebrating ten years of building bridges of understanding across chasms of race, culture, wealth and poverty. The ten year Anniversary Dinner will take place on Friday, January 27th, 2012, 6:00 pm, at Uppercrust Catering, 8420 Greenwood Ave N. The evening will include tasty food and beverages, music, dance, South African jewelry and goods for sale, special guest speakers, and presentations on HFB past, present, and future. For more information, or to ensure you receive an invitation, please contact HandsforabridgeEvents@gmail.com.

ROOSEVELT SCHOLARSHIP APPLICATION

Speaking of money, the Roosevelt Scholarship application form was **available as of Monday, November 21st** from the Scholarship File in the Counseling Office. The application can also be accessed online from lbeaston.seadesk.seattleschools.org, printed out and then completed. (You can additionally get to this site as a link from the Roosevelt High School website, www.rhsseattle.org, "Academics" on the pull down menu and then "Scholarships"). The Roosevelt Scholarship application allows Roosevelt seniors who are going to two year or four-year post secondary schools to apply for several scholarships, most of which are given by local donors and available for Roosevelt students only. **Completed applications are due no later than 3:00 p.m. Wednesday, January 4th in the Counseling Office.** Questions can be directed to Dr. Beaston, lbeaston@seattleschools.org.

Whatever type of financial aid you are seeking, **BEWARE OF SCHOLARSHIP AND FINANCIAL AID SCAMS.** Other than the CSS Profile, if you have to pay money to apply for financial aid, that is an indication of a potential scam and investigate very thoroughly before paying anything.

Strenuous Life Graduation Ads for Seniors

Parents, guardians, friends of 2012 Seniors: place your order early for your "Grad Ad!" Send us your favorite photo(s) and message for your graduating senior and we'll design a lovely ad up to half a page for the 2012 edition of *Strenuous Life*. A limited number of pages will be printed, so get your ad in early. Download the Yearbook 2012 Graduate Ad Form or pick up a paper copy from the Main Office. You will receive a proof of your ad to review before publication.

All Grad Ads orders must be turned in by January 30th 2012 to be guaranteed a spot in the book. Ads will be sold on a space-available basis after that date, through the end of February

PTSA, ASB, BLT – What Do They All Mean?

For a list of common acronyms, check out the *What's That Acronym*? section on the FAQ page on the RHS website at http://www.rhsseattle.org/faq.php.

ACT – American College Test. An achievement test measuring what a student has learned in school. The ACT has up to 5 components: English, Math, Reading, Science and an optional writing test.

AP – Advanced Placement (college-level courses). Through AP exams, you have the opportunity to earn credit or advanced standing at most of the nation's colleges and universities.

ASB – Associated Student Body. The ASB is a student run organization, with officers elected by the students. The ASB organizes assemblies and are also active members of various school governing bodies.

BLT – Building Leadership Team. The BLT is grounded in the belief that collaborative site-based decision-making structures are key to accelerating student academic achievement. It consists of representation from school stakeholders: elected certified and non-certified staff, administration, student and community partners (i.e. parents). See Principal's article on Page 1.

IC – Instructional Council. A representative group of teachers, para-educators, specialists and administrators at the building level that meet monthly to address issues promoting student learning. See Principal's article on Page 1.

OSPI – Office of the Superintendent of Public Instruction. Primary agency charged with overseeing K-12 education in Washington State.

PD – Professional Development. Teachers and support staff at Roosevelt participate in professional development on several late arrival and early dismissal days. RHS is working within departments to accomplish goals connected to curriculum and course alignment, while improving student learning through improved instruction.

PLAN – ACT's college readiness test. Helps 10th graders measure their current academic development, explore career/training options, and make plans for the remaining years of high school and post-graduation years. The PLAN is a predictor of success for the ACT.

PSAT – Preliminary Scholastic Aptitude Test. A standardized test that provides firsthand practice for the SAT Reasoning Test. It also enters you into the National Merit Scholarship Corporation scholarship program. The PSAT measures critical reading skills, match problem-solving skills and writing skills.

PTSA – Parent, Teacher, Student Association. RHS PTSA supports the school through volunteerism. The PTSA publishes a 5-times a year newsletter, maintain a website, provide e-communications and help to organize staff appreciation, first-week packets, and much more. Members also help the students with fundraising and planning throughout their four years at RHS. The PTSA also has representatives on various school governing bodies.

RSHF- Roosevelt High School Foundation. The Roosevelt High School Foundation believes it is the right of all students to a receive a quality, personalized, public education that promotes academic excellence and helps students build the necessary skills, knowledge and self-esteem to become successful life-long learners and productive citizens. The Foundation provides grants to RHS teachers and staff for programs and classroom materials.

SAT – Scholastic Aptitude Test. An aptitude test, testing reasoning and verbal abilities. The SAT only has 3 components: Verbal, Mathematics, and a required Writing Test.

SCPTSA – Seattle Council PTSA. Supports the needs of local units while providing a common voice for PTSA members through representation on school district, city and state committees.

SPS – Seattle Public Schools. The largest public school system in Washington serving 97 schools and over 45,000 students.

WASL – Washington State Assessment of Student Learning. The WASL is a means of measuring student achievement of the state's academic standards in reading, writing, math and other core subjects. It is designed to help teachers refine instructional strategies, increase student achievement and provide data on the performance of schools and districts over time.

Senior Corner

Final Call for "10, 11, 12 Pledge Campaign" Donations!

Thank you to all of you who have been contributing to the 2012 Senior Class fund for the last few years. Time is closing in on the senior activities which these donations support including: Senior Luncheon, Spree, and Prom. Again, these funds go to keep the cost down for all students and provide scholarships for those who could not afford these activities otherwise.

We welcome any contribution in any amount. You needn't have donated over the last few years to participate. If you would like to make a donation, please make your check payable to RHS PTSA-Class of 2012. Then mail your check to Karen O'Connor, 4830 NE 44th Street, Seattle, WA 98105. You will receive a thank you note that can be used for tax deduction purposes. If you have any questions please email Karen O'Connor at RHS2012seniors@gmail.com or kj.oconnor@comcast.net.

Again, thank you for your past and future support.

Warm Regards, Class of 2012 Parent Reps.

Junior Corner

Please support the Class of 2013 by dining at the Bengal Tiger on the evenings of Dec 5 or Dec 6. 25% of the proceeds would go back to the school! Please remember to take Class of 2013 Bengal Tiger Fundraiser Flyer with you.

Barnes & Noble has graciously added the Class of 2013 to their schedule for holiday gift wrapping. Gifts that have been purchased at the mall may be brought in for wrapping with all donations going to the Class of 2013. Please support your student by coming by on the below dates to shop and have your gifts wrapped. We need volunteers for the below dates - one adult and at least two students per shift. Please contact Kelly Leonard at thekidandkel@msn.com to volunteer and if you have any questions.

UNIVERSITY VILLAGE BARNES & NOBLE
December 4th: 5-7pm, 7-9pm
December 19th: 5-7pm, 7-9pm
December 23rd: 9-11am, 11-1pm, 1pm-3pm, 3-5pm, 5-7pm, 7-9pm
December 24th: 5-7pm, 7-9pm

NORTHGATE BARNES & NOBLE
December 21st: 9-11am, 11-1pm, 1-3pm, 3-5pm, 5-7pm, and 7-9pm

Thanks,
Class of 2013 Parent Reps

Playwriting Project- 10 Years! A Partnership with Roosevelt Drama and the Seattle Repertory Theatre

Mrs. Orme's Drama 3 class in partnership with the Seattle Repertory Theatre will present our 10th Anniversary Gala and Performance December 8th at 7:30 pm in the Leo K theatre at the Seattle Rep. Four playwrights, C, Daviss, C. De Giulio, A. Houston, and A. Schroeter , tutored by Scott Koh, from the Seattle Rep have written one-act plays centered around the theme, Circle Mirrors. Professional directors have then rehearsed and staged these original works with actors from Mrs. Orme's Drama 3 class. After a full day of tech, dress, and final rehearsals at the Seattle Rep, this is a performance you will not want to miss! This is a Thespian required event. This event is free but you must reserve your tickets by calling (206) 443-2222. There is a $5 donation at the door. This is our 10th anniversary of this amazing project! Some participants from the past have stated:

"The Playwriting Project was one of the most memorable and enjoyable experiences of RHS Drama. It really helped me adjust to a new school as I had recently moved from Australia then." S. Karlholm

"That Rep program was definitely a highlight of my high school experience and one of the things that made me first consider pursuing writing." D. Field

"Growing up I wanted to be an actress. Looking back on it now, I think what I really wanted was an E! True Hollywood Story, but even so, I went into high school wanting to act. I'd never really written a play before the Seattle Rep playwriting project in my sophomore year at Roosevelt. When asked to name my favorite part, I have a hard time; I think of the whole thing as the "high point" of my experience. Sitting in that community of writers once a week, and getting to work with Andrea to create new characters and a new world all my own was unlike anything I'd ever done before." N. Davis

For more information on this exciting event please contact Beth Orme at baorme@seattleschools.org,

RHS Drama Presents: Quilters;
a Musical by Molly Newman and Barbara Damashek

January 19th, 20th, and 21st in the Roosevelt Theatre

Come see and hear the beautiful stories and songs of a Prairie mother, Sarah McKendree Bonham played by M. Daviss, as she passes on the traditions of a pioneer woman's life to her seven daughters. Don't miss hearing the advanced actresses and singers of RHS theatre as they sing the rich harmonies of *Never Grow Old, Pieces of Lives, The Windmill,* and many more.

As Sarah's daughters, N. Czosnyka, R. Guyer-Mafune, G. Friedman, D. LaRussa, E. Mora, K. Packwood, and I. Wood will delight and entrance you with their storytelling and song.

Direction by Beth Orme
Musical Direction by Kim Douglass

Quilters is the story of survival, hope and strength of the women who traveled to the states west of the 98th parallel such as Kansas, Oklahoma, California, Colorado, and New Mexico. This was the second westward expansion of 1845-1910. The characters are based on the interviews of Patricia Cooper and Norma Bradley Allen in their book, The Quilters- Women and Domestic Art: An Oral History.

Winter Showcase All-School Talent Show

This year the Sophomore Class Council is hosting a 2011 Winter Showcase All-School Talent Show to raise money for our class. It will be in the Roosevelt Theater. Look for an announcement on the date sometime in December.

Admission is $3 for students and $4 for parents at the door.

Sign ups for performers are still open and we would love to have more students involved. Both parents and students are invited and encouraged to come. We would love to see you there. Thanks!

Science in Society

The Science in Society lecture series continues at 7:30 on Monday, January 9, in the Library with a talk by Professor Linda Boyle from the Industrial and Systems Engineering Department at the University of Washington. She will speak on "Engineering for Humans: Insights into Driver Safety". Students who attend and write up a short report about the talk may receive extra credit in their science classes. Hope to see you there!

Monty McGovern, Science Boosters

Congratulations to all the 2011-12 Theatre Thespian Inductees!

A. Belmore, S. Bradley, M. Colburn, N. Czosnyka, C. Daviss, L. Garibaldi, L. Given, K. Holifield, A. Hume, W. Lavely, D. McCullough, C. Nygren, E. Ostroh, E. Otanez-Carter, M. Reitz, C. Shearer, E. Stern, S. Truzzi, S. Von Veh, J. Wagner-Smith, and C. Wagner Smith

Actors and actresses are called *thespians* in honor of Thespis, a Greek playwright and performer. Around 535 B.C., Thespis added a new dimension to drama by stepping out of the Greek chorus during a performance and reciting portions of the text alone, becoming the first actor. He is also credited with inventing the theatrical mask. *Thespian* with an uppercase "T" refers to a member of the International Thespian Society, the world's largest honor society for theatre students. The designation "Thespian" includes student members who excel in technical and production fields as well as performance in their high school theatre.

These students were honored at an induction ceremony November 18th at RHS. For more information on Roosevelt Drama or Thespians please visit rooseveltdrama.org or schooltheatre.org.

Orchestra News

Oh, the music we make at

Roosevelt High School!

Chamber, Symphony, and Freshmen orchestras offer:

Hollyberry Concert at 7:30 on December 15,

Ensemble and Solo Competition at SPU Feb. 4,

Side by Side Concert w/Seattle Symphony on Jan. 24,

Travel to New York in March! Help us

Ring in the holidays with great music!

Access detailed info at www.rooseveltorchestra.org

Roosevelt Athletic Boosters Presents "Riders Hall of Fame" Auction

This year's Hall of Fame Sports Auction will be held on **SATURDAY, FEBRUARY 4TH, 5:30 pm to 10:00 pm** at the Mountaineers Club in Magnusson Park

Roosevelt High School encourages all students to participate in athletics, band and cheer squad, regardless of their ability to pay. We are proud of the fact that over 850 students participate in these programs each year.

The Seattle School District budget for athletics shrinks every year. The goal of the auction is to raise enough funds to fill the gap between what the district provides and the needs of the teams. Our first auction was held in 2000 and we have been raising roughly $60,000 each year since.

As you can see from the facts below, trying to fund 12 men's and 12 women's sports teams, as well as a cheer squad, and club sports, is costly!

- Transporting one team to one sporting event costs $ 275
- One vaulting box for the gymnastics team costs $ 2,800
- The cost for one football player's equipment is $400
- These are only a few examples of what it costs to support these vital programs in high school. The NEED for this auction is clear, and our goals are simple:
- To supplement the school's athletic budget.
- To stay on an even par with our competitors when it comes to coaching, equipment, uniforms, fields, and referees.
- To keep students active and involved.

The evening consists of three silent auctions, Hall of Fame inductions and a live auction. Dinner and beverages are included in the price of the ticket. Dress is casual. IT'S A GREAT EVENING! DON'T MISS IT!

If you haven't been contacted by a Roosevelt sports representative and are interested in donating goods or services to the auction, we'd love to hear from you. Send an email to: RHS.SportsAuction@gmail.com

For more information and to purchase your tickets, please go to the Athletic Boosters' website: http://rooseveltathleticboosters.org/auction.aspx

Are You Interested in Hosting an Italian High School Student?

Ergon, in partnership with NorthWest Student Exchange, is seeking families to host a 16-17-year-old Italian exchange student for a semester or year.
Italian families are in turn happy to host your child during summer vacations.

Ergon specializes in rigorous selection criteria insuring that students are responsible, motivated, proficient in English and carefully matches students with host families.

Like in the past years, Ergon Italian exchange students are attending Mercer Island, Garfield, Roosevelt, and Nathan Hale High Schools with positive experiences for students and families alike. Past and present host families are our best references and would be happy to share their experience with our program with you.

Exchanges offer students the opportunity to experience a different culture and build international bridges through friendships and knowledge.
For further information, please email Gunnel Tanimoto, Seattle coordinator @italexchange@gmail.com

Roosevelt Jazz Is Heating Up

Jazz Night is December 13th in the Roosevelt Performing Arts Theatre. Join us for a free concert at 7:30 to hear all three Roosevelt Jazz Bands and Vocal Jazz strut their stuff. Bring a few dollars to buy a treat at the bake sale.

Support Your Local Jazz Program. Roosevelt students are performing in jazz combos around town. Cool! Catch them December 17th at Tula's down in Belltown from 2pm-5pm and January 11th from 7pm-9pm at the Scarlet Tree at 801 NE 65th.

Roosevelt High School Foundation - We've reached $1 million!

Thanks to you, WE'VE REACHED A MILLION! Since its inception in 2004, the Foundation has been building an endowment to counter the ever-shrinking school budget. With the support of many thoughtful alums and friends, we have recently crossed the $1 million mark! Your generosity ensures we can provide the basic needs not covered by the district. Currently, Roosevelt only receives $193.50 per student for all expenses outside of salaries.

Congratulations to our 2011-2012 grant winners!
Through your generosity, the RHSF has awarded over $200,000 in grants to current RHS programs!

A sampling of our $40,000 Grant Awards for 2011-2012 include:

- Mentoring program for all 9th graders
- Co2 and O2 sensors and bio-chambers for biology classrooms
- Commercial casters for art tables to accommodate flexible classroom setup
- New tedddy bear mascot costume to replace 20 year-old version
- Writers in the Schools writer-artist-in-residence program for entire school
- 64 AP Comparative Government textbooks
- Bassoon and double bass for band/orchestra programs
- 20 Biotechnology and 61 An Introduction to Chemistry: Atoms textbooks
- Model United Nations Conference fees
- 10 monitors, portable video magnifier, and Pebble CCTV for Special Ed technology lab

Support RHSF with a year-end gift!

With your help we will continue to ensure the highest quality programs are available to RHS students for many years to come. Your entire donation is 100% tax deductible and remains at Roosevelt High School. Visit **www.rooseveltfoundation.org** for details.

Save the Date! The annual, ever-popular RHSF Golf Tournament will be held on Monday, June 4, 2012 at Inglewood Golf Club. For more information visit www.rooseveltfoundation.org.

RHS Teen Health Center - Tips on Connecting with Your Teen

Even when it feels like parental influence is losing sway to peers and media, research says parents are the most influential teachers in our children's lives. Through our words and actions, we are shaping our children's choices and behaviors--even through the teen years.

Over the past decade, there has been considerable research on brain development. While it was once thought the adolescent brain was the same as an adult brain, but short on experience, it is now believed the brain continues to mature until ages 25-30. A teen's brain is only about 80% developed, and most of the development has yet to occur in the frontal lobes, the regions responsible for reasoning, future planning and judgment.

While the not yet fully mature brain may be prone to influence from peers, impulsive decisions, and quick tempers, it is at the same time still open to influence from parents.

According to research from the National Adolescent and Young Adult Health Information Center, http://nahic.ucsf.edu/, there are key elements of teen/parent relationships that are protective. Where these traits are intact, teens appear to engage in less risky behavior, exhibit fewer symptoms of depression, express improved self worth, and have better academic outcomes.

1. Listen. When kids tell you something, take a deep breath and listen. Try not to react with anger, criticism, or judgment.
2. Take a sincere interest in what they are telling you. Ask questions, not to trap them in, but to understand them better. Taking this "relational" approach to communication can create a sense of trust, such that your child shares more information and looks to you for guidance. The more punitive/critical approach to communication usually results in kids pulling away, telling parents what they want to hear, and kids acting out behind parents' backs.
3. Discuss and CLEARLY state your values on subjects like sex, underage drinking, tobacco and drug use. Again, based on a study from N.A.H.I.C. on family environment and adolescent wellbeing, 14- and 15-year-old girls whose mothers clearly expressed strong disapproval for their adolescent daughters having sex were about half as likely as daughters whose mothers expressed less disapproval to engage in early sexual intercourse or other risky sexual behaviors. If your child feels heard and respected by you, they are more likely to hear and respect your opinions.
4. Spend time together. Eat meals together, do fun activities together. If part of your family time together is pleasant and feels supportive, it goes a long way in off setting the not so pleasant times.
5. Get to know and take an interest in your children's friends. You won't be able to control who they hang out with and what they do at all times, but by taking an interest and engaging with your child and their friends, they will be more likely to tell you the truth about where they are and what they are doing.

Please feel free to contact us at the Roosevelt School Based Health Center with questions and check out our link: http://www.rhsseattle.org/teenhealth.php

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Host a Brazilian Student in Your Home!

World Learning and the World Affairs Council in Seattle are partnering to recruit host families for 10 Brazilian teenagers between the ages of 15 and 18 from January 11-23, 2012. The students, who speak English fluently, have been selected by the U.S. Embassy in Brazil from a pool of thousands to become ambassadors for their country. Host families must have a teenage child in the household who attends Roosevelt High School.

All applications must be received by Friday, December 16, 2011.

Contact: Hayley Kanlyn Deputy Director
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RHS Band Marching into the New Year!

The band strode the streets of Seattle at the Macy's Thanksgiving Parade, looking cheery (and chilly!) along with bands from most of the area's schools. They looked and sounded particularly holiday-ish and we're proud of the contribution they make to this great annual event. Then the RHS band drumline ferried off across the bay to Alderbrook Resort, where they joined the staff and guests in welcoming the jolly fellow in red to the resort on a boat. And there's more -

Next up: THE HOLLY BERRY CONCERT on December 15th @ 7:30pm Roosevelt auditorium. Come hear the band and the orchestra ring in the season (not to mention the much anticipated Holiday Break). Don't forget to bring some of your favorite yummies for the bake sale that goes along with concert. Proceeds go to the band and the orchestra – and we all get good things to eat!

The Boosters are selling wreaths and garland again this year as part of its annual fundraising. Beautiful and fresh Hunter Farm wreaths are just $20, garland priced by length, 15 feet for $22, and 25 feet for $37. All orders need to be turned in to the band room by December 1, and pick up at Hunter Xmas Tree Farm will be on December 6. Questions? Contact Alysia Johnson at alysiaj@comcast.net.

Wow! December 9 is the first pep band game day! Encourage your band member to join in and help cheer RHS teams to victory. Pep Band is a great way to keep the band sharp and crisp during the cold winter months. And great fun, too.

Just so you know: The Band calendar is on the RHS web site www.rhsseattle.org. Click on Arts, then Band and you'll see all Band info that is currently available. Note that the Booster meeting scheduled for December has been moved back to January. We'll let you know the date.

Are you getting the Booster emails? Go to rhs-subscribe@riderband.org if you're not so you can be in the know when we know! See you in the New Year!

Next Rider Record

The RHS Rider Record newsletter is a great way to reach RHS families when you have information to share. Please send your article in a Word attachment, along with your contact information to Julia Jones, Rider Record Editor, at jhjoneshome@yahoo.com. **Submit your articles for the next RHS Rider Record by January 16, 2011.** The topic of the next issue is RHS clubs and groups. It will be distributed the beginning of February.