ROOSEVELT HIGH SCHOOL

Rider Record

February 2012 *A PTSA Publication* Volume 22 Issue 4

FROM THE PRINCIPAL'S DESK

Happy New Year! Wow, this was one crazy end to the first semester. We are still recovering from the snow days and the re-arranging of schedules both for classes and the numerous games and events that were canceled and postponed. Thanks to everyone for their flexibility through those changes. In the end, we all are moving forward and looking ahead to another successful semester.

This time of year is one in which every day is filled with some activity as we are in full swing with winter sports and a variety of other events. Just over the past week, students performed in a side-by-side concert with the Seattle Symphony, performed the play Quilters, won the KingCo Championship by going undefeated in Boy's swimming for the second year in a row and finished up the academic semester with mid-term exams. Our jazz band is gearing up for their multiple concerts/competitions and recently submitted their recording to qualify for the Essentially Ellington competition. The pride our students show in their work as artists, students and athletes is inspiring and I know that this will continue throughout the remainder of the school year.

In looking ahead to the next couple of weeks, we have some exciting events. The week of February 6-10 is our annual Diversity Week. This is a week in which we highlight the diversity of school through conversation, performances and food. This year we are going to kick off the week with a guest speaker discussing perspectives through a student video called "Perspectacles" (http://www.youtube.com/watch?v=rgNCNukdr-Q) and end the week with an assembly filled with student performances highlighting song and dance from around the world. Then, the next week on Friday, February 17th we are celebrating the life of Dr. Martin Luther King through an assembly we had to reschedule from the snow days. This time of year is also a time to start planning for next school year. On February 2nd, we hosted our annual "choice" night or open house for prospective students. The event attracted several hundred people. We still see strong demand for our program from families across the city, even with the new neighborhood assignment plan. In addition, we are gearing up for our budgeting process for the 2012-2013 school year. As you can imagine, we continue to face budget reductions as we are anticipating cuts from the State. Anything you can do to help support RHS is appreciated. We are very fortunate to have such a supportive community and I thank you.

With your continued support and the efforts of our staff, we can continue to inspire students in becoming individuals with a passion to learn and a drive to make the world a better place. I see this happening everyday here at RHS. Thank You!!

Yours in education,
Mr. Brian Vance, RHS Principal

Diploma Information

It's diploma time! We need your assistance to ensure your student's name is correct on their diploma, come June. We need to have the student's legal name as it appears on their birth certificate. Please contact Marjorie Gamble in the RHS office by phone at (206) 252-4816 or by email at mgamble@seattleschools.org.

RHS ANNUAL FUND

The Roosevelt HS Annual Fund (previously the "No-Bake" Bake Sale) is our *only* annual, school-wide fundraiser. Our goal is to keep state and school district budget cuts from eliminating staff at Roosevelt for the 2012 - 2013 school year. The cuts from the State Legislature this year will be even harsher, putting teaching positions and programs at risk. The money raised from the RHS Annual Fund allows our administrators to sustain programs and staffing levels that would otherwise be cut due to budget reductions. **But, time is short!** In order to use these funds to keep staff for the 2012-13 school year, we must have donations in by **March 1, 2012!**

Our Goal for 2012: 500 Families Raising $150,000. Last year we raised $95,000 with 330 families donating (and matching grants from 10 corporations). This year we hope to have 500 families donate to the Roosevelt HS Annual Fund so we can reach our goal of raising $150,000 or more. Your generous donations will help sustain the great programs at Roosevelt High School. Individual contributions last year ranged from $25 - $5,000. **Can we count on you?**

Two Easy Ways to Donate: Donate online using your Visa or MasterCard through the secure Roosevelt HS Fund Drive link (via our non-profit fiscal agent the *Alliance for Education*).

Donate by Check: If you prefer to send in a check, please mail your donation to the RHS Main Office. Please make checks payable to: ***RHS Annual Fund (AFE)***, 1410 NE 66th St, Seattle, WA 98115.

Matching Gifts: If you work for a company that offers a matching gift program, please be sure to forward a matching gift form to us so that we can benefit from your company's generosity!

Questions? Please contact Sharon Rodgers, Jane Spalding or Kurt Acheson at rooseveltptsa.pres@gmail.com. (Or leave a message on our voice mail number **206.317.4462.**

NOTES FROM THE COUNSELING CENTER

Roosevelt Counseling Office Is Here To Serve You

The Counseling Office is here to serve Roosevelt students and their parents/guardians. If you have a concern or a question, please call us at the Counseling Office, 252-4827 or contact individual counselors at the phone and e-mails listed below. Counselors are assigned based on the first letter of the student's last name.

A -E	Sarah Chapman schapman@seattleschools.org	252-4835
F-K	Wendy Krakauer, Head Counselor wrkrakauer@seattleschools.org	252-4836
L-Q , R for class of 2012	Dr. Littlebrave Beaston lbeaston@seattleschools.org	252-4825
S-Z	Frank Heffernan fheffernan@seattleschools.org	252-4826
R for classes of 2013, 2014, 2015	Erin McCullough emucullough@seattleschools.org (Intern, supervised by Frank Heffernan)	252-4818

First Semester Report Cards Will Be Mailed Mid February
Achievement Recognized with Honor Roll

First semester ended 1/27/12. Report cards with the first semester grades will be mailed home before mid winter break. Passing grades are A, A-, B+, B, B-, C+, C, C-, D+ and D. "E" means the student failed the class and did not receive credit. If your student received an "I" (incomplete) for first semester, he/she should meet with the teacher ASAP to determine what work needs to be completed to receive a grade and earn credit for the class by the district deadline of six weeks into second semester. Roosevelt will be lauding students for academic achievement by placing qualified students on the honor roll. We recognize students who earn a first semester GPA of 3.5 or higher, pass all their Roosevelt classes, and have no P (pass) or I grades.

Second Semester Class Changes Limited After Fifth Day of Semester

The fifth day of second semester (2/3/12) was the last day for students to drop or add classes. (Students have been able to work on making schedule changes for second semester since early this fall). After 2/3/12 and through 3/9/12, (the fifth week of the semester) students may not drop a class unless there are extenuating circumstances, the drop will not create a hole in their schedule, and the student understands that he/she will receive a "W" (for withdrawal) on the official transcript. After 3/9/12, students dropping classes with extenuating circumstances, where no hole is created in their schedules, will receive an E grade on their transcript. Accordingly, students need to make a good faith effort to be successful in the classes with which they started the semester. Note this add/drop policy does not apply to "transfers", where, for example, a teacher suggests a student move to a different level of math or world language. If you have any questions about the schedule change policy at any point, you or your student should contact your student's school counselor.

Additional academic deadlines of which you should be aware

3/9/12 deadline to submit a completed application for taking a class on contract (see counselor for form)

3/9/12 deadline for a petition requesting to take a class Pass/No Pass (limited to one class/semester) (see counselor for form)

3/16/12 deadline for submitting work to teacher for getting a first semester "I" (incomplete) changed to a letter grade, with credit.

PLAN and PSAT Results

Counselors handed back PSAT results to juniors in U.S. History classes and PSAT and PLAN results to 10th graders in AP Human Geography classes right after the December break. If you have not seen your student's results on these practice tests, or if you have questions about interpreting the results, your student's counselor would be glad to meet with you. Feel free to contact the counseling office at 252-4827 to schedule an appointment.

PTSA PRESIDENTS' MESSAGE

Current advocacy issue Washington State PTSA: Shorten School Year!

The Washington State education budget is being reviewed in the current state legislative session. In spite of the-School Funding II- Ruling by our Supreme Court….. basic education can not be reduced because of State revenue issues..... there are several proposals for cutting public school funding. The Governor has proposed reducing the school year by four days with the option for voters to " buy back" those days in the future. The Washington State PTSA disagrees with this solution. It compresses the amount of curriculum that can be presented to students at a time when schools are trying to support (and expand) basic core course learning for graduation and college ready diplomas. It impacts the students basic education because if gives them less time for learning (instruction) the same amount of subject matter and still be ready to compete on the next level.

Shortening the school year would require renegotiating existing contracts with teachers, administration and support staff and create a lot of burdensome legal and practical complications with very little upside financially....especially if those "days" were reinstated (to meet our CURRENT Public education mandate!) sometime in the future.

Washington State PTSA is also concerned that the more affluent public school districts might be able to supplement their budgets and maintain current "school day standards" creating disparities around the State in quality of public education.

Certainly the Governor and legislators face some tough choices with current budget shortfalls, however, shortening the school year by four days does impact the quality of basic education in our public schools. Educating our young people is a best use of public dollars.

Please contact your legislator if you would like to help maintain our funding levels in education.

Peter Nestingen
RHS PTSA

Is Your Student Ready to Graduate?

Seniors who are not sure whether they have met all graduation requirements should see their counselors right away. Seniors need to make sure they have completed, or are taking second semester all remaining courses needed to graduate. Also, has your senior completed a senior project, will your senior have a cumulative and core GPA by the end of the year of 2.0 or higher, have earned at least 20 credits and completed 60 hours of service learning? **For seniors who are completing the Washington State History packet** if they did not take or pass **Washington State History** prior to enrolling at Roosevelt (it's taught in 8th grade in Seattle public schools), will they complete the course by the end of third quarter, April 6, 2012? **Documented service learning hours are due to your student's counselor by May18, 2012**. Progress report re the status of their senior project were sent out 1/30/12. Students who are behind schedule with project deadlines or who have questions about this graduation requirement should check with Amy Schwentor, Assistant Principal and Senior Project Coordinator, alschwentor@seattleschools.org Erin Bailey, Academic Intervention Specialist, eebaailey@seattleschools.org is the person to contact if you or your student have any questions regarding whether or not your student has met HSPE requirements for graduation. **Students must complete all graduation requirements by** senior checkout on 6/15/12, in order to participate in graduation ceremonies and receive a Roosevelt diploma. (Note, although the school year may be extended in June for students in grades 9-11, seniors will still finish their semester and graduate as set on the original calendar). This includes not just Roosevelt classes, but also classes students are taking outside of Roosevelt to meet graduation requirements, such as online classes. Students must complete out of district and online classes soon enough to make sure counselors have transcripts for those classes by June 15h at the latest IF THEY WANT TO PARTICIPATE IN THE GRADUATON CEREMONY**. (This includes students taking classes spring quarter through Running Start. Students can use those classes for graduation requirements. But because we do not get the RS transcripts prior to our graduation ceremony, per district policy, students choosing to finish up graduation requirements spring quarter through RS cannot walk in the Roosevelt graduation ceremony).**

Junior Graduation Status Reports

In March, counselors will be mailing home graduation check lists for all juniors, so that they can figure out how they stand in terms of academic progress, high school graduation requirements and preparation for four year colleges. Students and parents/guardians who want to meet with their school counselor in person to talk about the graduation check lists are welcome to schedule an appointment. For students planning on attending a four-year college or university after high school graduation, counselors suggest that juniors think about taking the SAT or ACT for the first time this spring. Students may repeat these tests as seniors if they choose. **Students may register online: www.collegeboard.com for the SAT; www.actstudent.org/ for the ACT. To take the 4/14 and 6/9 ACT, students need to register 3/9 and 5/4, respectively. The registration deadline for the 5/5 SAT and 6/2 SAT are 4/6 and 5/4, respectively. These are popular testing dates, so sign up as far in advance as you can, to ensure you get your choice of test site.** Remember too that students on free and reduced lunch are eligible for waivers to cover the on time registration fee. See your counselor for information.

Juniors thinking about applying to some of the more selective schools which require the SAT II (subject tests) may want to take those tests this spring as well for subjects they are currently studying (i.e. chemistry, physics, math, AP U.S history, AP French, AP Spanish, AP Latin). Most of the SAT II subject tests will be given on 5/5 and 6/9, with the registration deadlines the same deadlines that apply for the SAT I. (Students cannot take both the SAT I and Sat II on the same test date). **Keep in mind though that some colleges which require subject tests will accept the ACT in lieu of the SAT and any SAT subject tests.** Go to **www.fairtest.org** for details**.** And of course feel free to talk with your student's counselor with questions.

Freshman High School and Beyond Meetings

Counselors went into 9th grade social studies classes in October to talk with freshmen about their four year high school plans, as well as after they graduate. Counselors will follow up the classroom sessions with individual freshmen meetings starting March 5, 2012. These plans will help 9th graders start thinking about what they want to do after they graduate, and help them draw up a working document that includes all the requirements they need to satisfy to graduate from high school, as well as to go to a four year college or university directly after high school. Your student should bring home after her/his appointment a copy of the "High School and Beyond" Plan. Be sure to ask your student to go over it with you. We want to emphasize that the four year course plan is not set in concrete. Rather it is subject to constant revision and is intended primarily to get your student to start thinking about his /her future, along with helping your student understand how important it is to successfully navigate high school in order to open up multiple options after graduation. If you have any questions, feel free to contact your student's school counselor.

Applications for Community College or Vocational School

March and April are good months to send in application forms for two-year community colleges and for vocational schools. With the recent economic downturn, community colleges and vocational schools are seeing a huge increase in students. Accordingly, we urge students to apply sooner rather than later, so that they can take necessary placement tests, figure out financial aid, and get registered for classes in late spring before classes fill up. Students should check with their counselor if they want help in locating websites for filling out applications online or getting paper applications to these schools. **Students should think about submitting the FAFSA by 2/14/12, putting down the community college(s) to which they may apply, even if they have not yet submitted the community college or vocational school application(s).**

FAFSA Priority Deadline 2/14/12

If your student is planning to apply for any kind of needs based financial aid from a four-year, two-year, or vocational school, public or private, make sure that you submit a FAFSA (U.S. Government Financial Aid form). Note too, that even for merit scholarships, many colleges require the FAFSA. Although the FAFSA may be submitted at any time prior to the start of the college school year, financial aid, especially for grants and scholarships, often runs out by early spring. Accordingly, to be considered for the maximum amount of assistance possible, **get your form submitted by 2/14/12.** NOTE THE EARLIER FEBRUARY 1, 2012 DEADLINE FOR STUDENTS WHO ARE PARTICIPATING IN THE COLLEGE BOUND SCHOLARSHIP PROGRAM. If you are in that group, you have received numerous reminders from the State and the District about the 2/1/12 deadline. Always check as well with the financial aid offices of the colleges to which your student is applying to see if they recommend or require an earlier submission date. Paper copies of the FAFSA can be found at some public libraries, or by calling the Federal Student Aid Information Center, 1-800-433-3243 and requesting a paper application. It really is easier though, to fill out the FAFSA online (www.fafsa.ed.gov). And keep handy this toll free help line, 1-800-4-FED-AID (433-3243).

Roosevelt Spring College Information Workshop for Juniors

On March 20, 2012 at 7:00 p.m. in the theatre, Roosevelt Counselors Wendy Krakauer and Sarah Chapman will be hosting a **college information night for juniors and their parents/guardians**. The focus will primarily be on four year colleges and the agenda will include information about searching for colleges that are a good fit, college admissions requirements, and SAT and ACT college entrance exams. There will also be a brief discussion of financial aid and scholarships. Call the counseling office at 252-4827 if you have questions about this workshop

Senior Projects

Senior Projects are in full swing. Seniors should have submitted the following documents to Ms. Schwentor for approval: *Project Proposal, 1st Progress Time log and their Annotated Bibliography*. All of these documents are located both on the Roosevelt High School Website under the Academics tab as well as on each senior's Source page. If a student has submitted all the documents and they have been approved, their grade on the Source will be 100%. In order for a student to successful complete their senior project, all documents must be approved and they must pass their presentation. The only passing score for the senior project is 100%. Thus, any student with a score below 100% is currently not passing their senior project. For clarification, *the grades for the senior project that appear on the Source do not get posted to a student's transcript*.

Students in AP Government 1st semester are scheduled to present to a panel on the mornings of March 13th -March 15th. Students in government second semester as well as running start students will present on April 24th or 25th. The presentation guidelines as well as the scoring rubric are posted on the Senior Project Source page. Project presentations for individuals must be 10 minutes long and cover the LEARN, DO, and SHARE components of their projects. Students will present to a panel of at least three teachers, some juniors and possibly some community members and/or parents. The ultimate goal of the presentation is to convey the learning that took place throughout the project and reflect on the process they went through to complete it.

Please contact Amy Schwentor with questions regarding the Senior Project at alschwentor@seattleschools.org. If you would like to participate and evaluate Senior Project presentations in March and April, please contact me ASAP.

Amy L. Schwentor, RHS Asst. Principal

High School Proficiency Exam (HSPE)

All students must pass the Reading and Writing HSPE as a graduation requirement.

- All 10th graders will need to take the Writing and Reading HSPE
- 11th and 12th grader who have not passed HSPE requirements will also need to take the spring HSPE
- The Writing HSPE will be on March 13th and 14th(this is a two day test, if a day is missed the test will be invalid).
- The Reading HSPE will be on March 15th
- Testing schedules will be included in the March Rider Record

If you have any questions or concerns please contact Erin Bailey Academic Intervention Specialist at eebailey@seattleschools.org

National African American Parent Involvement Day Celebration

The Black Student Union is celebrating National African American Parent Involvement Day. The evening will include dinner, speakers, entertainment and a question and answer session.

When: Monday, February 13, 2012
Where: Roosevelt High School Student Commons
When: 6-8pm

If you have any questions please contact Laurie Johnson at 206-252-4827.

Graduation Announcements, Caps and Gowns

Graduation Announcements will be delivered on April 10 during lunch in the Commons . Caps and Gowns will be delivered on June 12th during lunch in the Commons.

Have not ordered yours yet? It is not too late. Please contact Grad Products, Inc. 425-488-7213, www.gradproductsinc.com

PTSA Mini Grants

We did it again! The PTSA Mini-Grants Committee gave out $7,000 in grants with the aim to give extra support to teachers, curriculum, and underserved students. This year we gave out 24 separate grants. Here is a sample of what we funded:

- 175 books for Language Arts and Social Studies classes
- Special program student assistance for Bright Futures, Sign Language classes, Bilingual Department, Deaf and Hard of Hearing Department and North Seattle Transition Academy
- 8 Microscopes for Biology classrooms
- 10 digital voice recorders for Spanish & French classes
- 2 Photo Shop CS5 Licenses
- Web based program fees for Japanese classes
- 10 Chemistry books
- 1 Computer monitor for the library
- 1 Image Scanner for the Roosevelt News
- 2 LCD projector lamp replacement bulbs

We are able to award these grants through funding from the PTSA dues. This is just one way that joining the PTSA directly benefits Roosevelt students. I would also like to thank the Mini-Grants Committee members who generously gave their time and expertise in determining the grant decisions. Being part of this process is a great way to make a contribution to the school. I hope you will consider joining this committee next year.

Debbie Dick Shuster, Mini-Grants Committee Chairperson

Next Rider Record

The RHS Rider Record newsletter is a great way to reach RHS families when you have information to share or an announcement to make. Please send your article in a Word attachment, along with your contact information to Julia Jones, Rider Record Editor, at jhjoneshome@yahoo.com. **Submit your articles for the next RHS Rider Record by March 20, 2012.** The topic of the next issue is Communicating and What's New At RHS. It will be distributed the beginning of April.

Roosevelt High School Foundation Golf Tournament and Fundraiser – Save the Date!

Save the date! The 2012 Roosevelt Foundation Golf Tournament will be held on Monday, June 4, 2012 at Inglewood Country Club in Kenmore. To receive updates and an invitation, please send your name, email and postal address to Amy at amyjon@comcast.net.

Last year we had more current RHS parents play than ever before. We hope to have even more this year. Please consider forming a foursome and joining us for a memorable and always fun day on the course. Don't miss it!

Looking for a great opportunity to promote your business while supporting the students of Roosevelt High School? Consider becoming a sponsor of the 2012 RHSF Golf Tournament! Sponsor levels start at $500. For more information, please contact Amy at 206.226.5679 or amyjon@comcast.net.

We are committed to assuring that Roosevelt High School continues to be synonymous with excellence and leadership. In eight years, the Foundation has awarded over $200,000 in grants to current RHS programs!
Please visit our website to learn more about the Foundation, or to make a donation towards any of our unfunded grants. Thank you! www.rooseveltfoundation.org.

RHS Band Boosters

Though the days be dark and drear
RHS band helps make us cheer!

The band has been busy playing for both girls and boys basketball games during the winter months. And thank goodness! Who doesn't need some band music at this time of year to keep us marching towards spring?

Parents: Does your band student need Community Service hours? A little know fact: Playing with Pep Band and Marching Band at games and in parades can all count towards your student's Community Service hours! See the most recent Band Booster Minutes of the January 25th Meeting email to learn more.

Band members traveled to Meany Hall at the University of Washington on January 31st to participate in the Pacific Northwest Wind Festival --- a fabulous opportunity for our kids to play and listen and get adjudicated. Really helps them grow as musicians.

On March 2nd, the band will travel to Ellensburg, WA to take part in the Band Festival at Central Washington University. This is a great chance for band members to hear bands from other parts of the state and for our superlative players to really strut their stuff. And on March 20 the band will head to Ingraham High School for the Metro Band Festival.

The ever popular Drumline will attend the Garfield Drumline Exposition, date TBD in March. For drum fans, this event will really get your blood pumping!

The end of March/beginning of April signals the annual April Foolz Concert at RHS. This is a really fun concert to see because who knows what tricks the band will play on Mr. Brown (or each other). And, it's a great time to hear what the band has been working on during winter. Date TBD; watch the weekly PTSA Parent Bulletin for details.

Band Boosters held their quarterly meeting at the end of January. Agenda included calendar updates for the rest of the year and fundraising. Hold on to your hats – it's the return of the (hopefully) **Annual Spaghetti Dinner**! We're thinking April 10 but watch your email for details. WE NEED A COORDINATOR FOR THIS! This could be your chance to step up and deliver for the band.

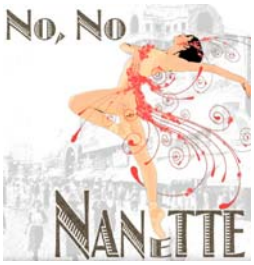
Early notice: May 26/27 is the Hyack Parade and Spring Band camp. Make sure you're on the rider email list: rhs-subscribe@riderband.org
Questions? Comments? Mary Machala, Booster Secretary macmarymm@aol.com

Leading Ladies– Winter Drama Production

Roosevelt Drama is thrilled to announce our second winter production for 2012: Ken Ludwig's hilarious comedy, *Leading Ladies*. Set in 1952, two English Shakespearean actors, Jack and Leo, find themselves so down on their luck that they are performing on the Moose Lodge circuit in Amish country Pennsylvania. When they hear that a dying old lady is about to leave her fortune to her sister's long lost English children, Max and Steve, the boys resolve to pass themselves off as the beloved relatives and get the cash. Jack and Leo soon discover that "Max and Steve" is short for "Maxine and Stephanie" and things get even more complicated when they fall in love with the local girls... and the local boys fall in love with them! Brimming with romantic entanglements, mistaken identities, and hysterical characters, *Leading Ladies* pays homage to the cross-dressing farce: tipping its hat to *Twelfth Night*, *Charley's Aunt*, and *Some Like It Hot* as Jack and Leo's adventure careens out of control!

Leading Ladies opens Thursday, March 1st at 7:30pm and plays after school Friday the 2nd at 2:45pm and again at 7:30pm. Tickets are $8 for students and $10 for adults. ***Recommended for audiences ages 12 and up.***

Please email us if you have questions:
aford2009@gmail.com



Save the Date: No, No, Nanette!

And, be sure to save the date for our Spring Musical, *No, No, Nanette*!
May 24, 25, 31 at 7:30 pm, June 1st and 2nd at 7:30pm, June 3rd matinee at 2:30 pm.
Stayed tuned for *No, No, Nanette ticket* purchase information.

Please email us if you have questions:
aford2009@gmail.com

RHS Orchestra News

All of the snow in January didn't stop the Symphony Orchestra from scrambling to pull together the **Side by Side concert with the Seattle Symphony on January 24**. This was a great chance for the students to play with some noteworthy professionals.

Orchestra students will have a couple opportunities for some healthy musical competition, as well. Individuals and small groups will participate in the Washington Music Educators Association **Solo/Ensemble Competition at SPU on Feb. 4**. Winners of this metro competition will go on to a state competition in Ellensburg this spring. On **March 10**, all orchestra groups will compete at the **39th annual Orchestra Festival at Mt. Hood Community College in Gresham, OR**.

Come listen to the fabulous music our students produce. On **Feb. 1 at 7pm** students will be performing **chamber music at 3rd Place Books** (on the corner of 65th and 20th) and on **April 5 at 7:30pm they will be joined by the Norwegian Youth Orchestra for an April Foolz concert** at the school auditorium.

Roosevelt Italian Cultural Exchange Program 2011-12

Planning is underway for Roosevelt's 3rd cultural exchange trip with Giacomo Floriani High School in Riva del Garda, Italy. This Italian high school initiated the program in 2007. The principal was looking for a school in the Northwest where his students could engage in U.S. family life and also see first hand the industry and educational facilities that made up our community.
Boeing, Microsoft, the University of Washington and Roosevelt fit the requirements and our program got started. In May of 2008 the Italians came to Seattle and stayed in the homes of Roosevelt students. Then in October 2008 we traveled to Italy and our students stayed in their partner's homes. Besides day trips to Venice, Verona, Bergamo and other small typical Italian towns students attended classes at their school. Each trip includes a project taken on by the students. In the 2010 trip the theme was "Save the Earth" and each school gave a presentation on their school, community or state programs involving recycling and conservation. This year the theme will be LEED buildings. Seattle has many LEED certified buildings so this will be our learning project as well.

Our trip is a 10 day trip, but using only 5 school days. The cost is basically airfare, ground transportation and museum entrance fees. Lodging and most meals will be provided by the host family. (Italian families want to see you full most of the time!) Three teachers and I will serve as chaperones on the trip.

If you or your son/daughter are interested in a program like this please come to a meeting on February 7th at 7:00 PM in Room 107. The exchange has been a great cultural and educational experience for all who have participated.
If you are unable to attend but would like more information please contact Jo Ellen Hathaway at jshathaway@seattleschools.org or 206 617-2264

Jazz is Jumpin'!!

Roosevelt Jazz is gearing up for the busiest time of the year: Festival Season! **Jazz Bands I and II** will head to the Clark College Jazz Festival on Saturday, January 28th. **Jazz Band II** will be competing during the day and **Jazz Band I** will be featured in the evening concert as they are last year's Festival Sweepstakes Winner!

Jazz Bands II and III will participate in the Viking Jazz Festival in Poulsbo on February 3rd. And **Jazz Band I** will compete in the Bellevue College Jazz Festival on February 4th. All four groups (**Jazz bands I, II, III and Vocal Jazz**) will travel to the **Lionel Hampton Jazz Festival** in Moscow, Idaho next month. Busy times ahead!

Jazz Journeys Concert. Please join us for a special concert celebrating our neighborhood jazz community on **Friday, February 10th at 7:30pm** in the Roosevelt Performing Arts Theatre. The internationally renowned Roosevelt Jazz Band will be sharing the stage with the award-winning jazz bands from Eckstein and Hamilton Middle Schools. $10 donation. Bring a few dollars for the delicious bake sale too. This will be a swinging night to remember. Don't miss it!

The 24th Annual Big Band Dance and Auction is on **Saturday, March 24th** at Temple De Hirsch!!! There will be silent and live auction items, and a delicious dinner. Enjoy and dance to the fine sounds of all four of our outstanding jazz groups--Jazz Bands I, II and III and Vocal Jazz! Get ready to have a swinging time AND support the illustrious Roosevelt Jazz program! For more information visit rooseveltjazz.org.

Roosevelt FIRST Robotics Club

Roosevelt High School has formed a new club to compete in the International ***FIRST* (For Inspiration and Recognition of Science and Technology) Robotics Competition** this year! This after-school club is made up of students interested in science and technology, and excited about taking on new challenges! Over the course of a six week period, club members will be raising funds and working together as a team to design, build and program a robot to compete against other high school teams in a regional competition.

The *FIRST* Robotics Competition season officially began on Saturday, January 7th. The world wide kick-off revealed this year's game. The Roosevelt club attended the local kick-off held at Mountlake Terrace High School along with hundreds of other students from area schools. The team has only 45 days following the kick-off to decide on a team strategy, design the robot, fabricate it, and program it to play the game. During this time period, students expect to spend at least 15 to 20 hours a week engaged in team activities outside of their normal school day. On February 21st the robot must be packed in a crate and the team will not see it again until they arrive at the regional competition venue to compete on March 22-24. More information about the *FIRST* Robotics competition can be found at: http://www.usfirst.org/roboticsprograms/frc

The club is fortunate to have three AWESOME Roosevelt teachers serving as advisors and champions - Judson Miller, Karl Ruff and Andrew Davidson. In addition to the teachers, there are three mentors that have volunteered to help guide the students; Boeing engineer Elizabeth Schute and software experts John Luetke and Owen Meaker. Numerous parents have also volunteered to help with transportation, food, coaching, and moral support.

In order to participate in the competition, the Robotics club needs to raise a minimum of $13,000. The club is fortunate to have JCPenney as its first sponsor and has already raised half of the funds needed. **The team is in need of additional company sponsors.** Donations from alumni or interested parents would also be greatly appreciated!

If you are interested in donating time or funds, or know of companies that might consider being a sponsor, please contact Judson Miller at: 252-5782 or jjmiller@seattleschools.org

Latin News:

February and March will be busy months for Latin students!

- Review for the National Latin Exam will begin during the final week of January and continue through the second week of March.
- 9 students will accompany Latin Instructor Magistra MacDonald and Vice-Principal Kristina Rodgers to Rome from February 16-28.
- RHS Junior Classical Officers and Members will continue to design t-shirts and programs; organize colloquia, activities, and social events; and schedule parent volunteers for the 65th Washington/British Columbia Junior Classical League Convention to be hosted at Roosevelt the week-end of April 28-29.
- A parent volunteer meeting will be held in March following Magistra MacDonald's return from Italy.
- Roosevelt Latin students will receive convention registration forms during the last week of January. The all-inclusive cost of the event for meals, t-shirt, program, speakers, and activities will be $77. A check in that amount must be made payable to the WA/BC JCL Convention 2012.

Parents, if you would like to be a part of our convention (Roosevelt's 8th!), please contact Nora MacDonald at njmacdonald@seattleschools.org or 206.252.4932.

RHS Teen Health Center

Some thoughts about the sale of soda in school from the Roosevelt Teen Health Center

Many studies have shown a link between the consumption of sugar-sweetened beverages, and higher body weight. Higher body weight is linked with metabolic disorders like diabetes. Diabetes is occurring at greater and greater rates among children and adolescents in America. Tragically, the earlier a young person develops this type of diabetes, the shorter their expected life span.

Most popular drinks have more sugar than you might expect, and cutting back on these can have great benefits for your health. Sugar-sweetened beverages include more than just soda—many juices and bottled teas are also high in sugar. They can have as much sugar, or more, than a can of soda. Besides being high in sugar, many of these drinks are high in calories. A can of soda can contain 100-200 calories. That is as much as 10% of the calories you should have for the day.

What can you and your family drink instead? First of all, make sure you drink enough water. It is healthy, and has no fat, calories, or sugar. Drinking enough water will help your body run properly, and will make you less thirsty for the other, less healthy drinks. Some other good replacements are low-fat plain milk or juices labeled "100% fruit juice", although you should limit your juice to 8 oz a day. If you get tired of plain water, you can also add slices of fruit to give more flavor—lemon, lime, or orange. Or try mixing seltzer water with a little bit of juice. You'll still get the great flavor with less sugar.

Let's help make sure our kids continue to have healthy drink choices available to them during the school day.

Helen Weems, ARNP, Nurse Practitioner
Roosevelt School Based Health Center
HelenW@neighborcare.org

Junior Corner

Class of 2013 fundraising is off to a great start. We would like to thank all the families and friends who ate at the Bengal Tiger as the restaurant graciously donated a percentage of the proceeds to the class of 2013, raising $450.00. Also, during the holidays, we raised $812.00 wrapping gifts at the Barnes and Noble stores at U Village and Northgate. Thank you to all the parents and students who participated in making this a fun AND profitable experience: A. Early, D. and C. Hudacek, K. Monsen, M., M. and M. Narayanan, C. Bouldin, A. Maider, S. Ault, L. and O. Mancl, T. Fogal, A. Briant, G. and A. Moon, J. Spalding, A. Leonard, S., S. and S. Skalbania, Z. Riley, H. Lucas, O. Menzer, M. McVicar, B. Erickson, A. Shippen, D. Benson and D. Tang. Also, RHS Community Service Jazz Combo performed on the 21st; S. Skalbania, Q. Anex-Ries, K. Perron, A. Ryseff and A. Shimabukuro to the delight of all the customers. Terry Foster, Community Relations Manager for Barnes and Noble was a wonderful help and we look forward to participating next year! Please forgive me if I have left anyone out - we had such a great group of kids and adults stepping forward during a VERY busy month - you all were awesome! Kelly W Leonard

Senior Corner

Please encourage your student to purchase tickets early for Prom, Senior Luncheon, and SPREE. Tickets for Senior Prom, Senior Luncheon and Senior SPREE will be on sale during lunchtime at the Concession Stand on the following dates: Feb 7th, 9th & 13th, March 6th, 8th & 13th, April 10th, 11th & 12th. ***Tickets sold on May 1st & 2nd will be at a higher price.*** Please note: these events require completed registration forms. You should have recently received a letter in the mail with information about these events and copies of the forms; please go to the Senior Events web page for information about these and other Senior Events (links to the registration forms are on the web page.

We really appreciate everyone's support with purchasing tickets early as we have several deposit deadlines for our Prom and SPREE venues. Thank you!

Interested in Playing Girls Lacrosse This Spring?

Lacrosse is the fastest growing sport in the US. Women's lacrosse is a sport of speed, accuracy and finesse. It is fast-paced, free-flowing, high scoring and a lot of fun! Captains' practices have begun for the Roosevelt Girls Lacrosse Club (RGLC). These practices give players who are new to the sport an opportunity to try it to make sure they want to play a full season. It also gives returning players a chance to get in shape and work on stick skills. Captains'' practices are each Tuesday and Thursday right after school for approximately an hour. A signed liability waiver is required to participate. We have a few sticks and eye protection you can borrow if you don't already have your own gear. Join us by the track after school on Tuesdays and Thursdays, meet a great group of girls, give lacrosse a try, and get in the game! The lacrosse season runs from February 27th through mid-May. Practices will be at Lower Woodland field #2 from 5-7pm M-F. Games begin in mid-March and there are 1 – 2 games per week. No prior lacrosse experience is required. RGLC is a non-cut program. Freshman and beginners are encouraged to join our teams. And yes, freshman can make the Varsity team.
If you have questions or want more information, please contact doublecrosse@earthlink.net

$10 Rough Rider T-shirts - Made with 2013 Pride!

Get something cool when you help RHS juniors raise funds to support their class.
These long-sleeve T-shirts are printed front and back. The Rough Rider insignia appears on the left front, while the back proudly claims the wearer is a member of the "Class of 2013."

At $10 a pop, they're going like hot cakes! But you can still get them with cash or a check (addressed to "Roosevelt High School ASR," memo line "Class 2013 Ts"). T-shirts are being sold now during lunch at the ASR table.

David Romoser, Junior Class Council Member

Host an Italian Exchange Student and Build a Bridge with Italy

Ergon, an Italian-based organization and partner with NorthWest Student Exchange, is looking for families to host a 16-17-year-old Italian exchange student for a semester or year. Italian families are in turn happy to host your child during summer vacations.

Ergon specializes in rigorous selection criteria insuring that students are responsible, motivated, proficient in English and carefully matches students with host families.

Like in the past years, our Italian exchange students are attending Mercer Island, Garfield, Roosevelt, and Nathan Hale High Schools with positive experiences for students and families alike. Past and present host families are our best references and would be happy to share their experience with our program with you.

Exchanges offer students the opportunity to experience a different culture and build international bridges through friendships and knowledge.
For further information, please email Gunnel Tanimoto, Seattle coordinator at italexchange@gmail.com.

Please Donate to the Roosevelt HS Annual Fund

The Dress to Impress Sale: An Exciting New Event at Roosevelt High School
Donate Now and Attend on March 10th
10am to 3pm - In the Little Gym

Donated dressy and formal wear items (see below) will be offered for sale at bargain prices to help fund graduation activities and scholarships for the Roosevelt High School Class of 2014, and to allow teens to purchase a great low cost outfit.

How Can You Help?

Attend the Sale

Find fabulous outfits for fantastic prices. Bring your friends, family and neighbors (they don't need to go to RHS to buy some great things).

Donate

Do you have any formal wear in the back of your closet which doesn't fit or won't likely be worn again? Well, now's the time to donate it for a good cause! You can give those dressy clothes new life, and help make dances, prom and other special occasions more affordable for teens!

Women's Donations
short or long party dresses (recent or vintage)
dress shoes
purses
jackets
bracelets and necklaces

Men's Donations
sports jackets
dress shirts
shoes
ties

Where Can You Drop Off Donations?

Please drop off your items, as follows:

- **Now and until the sale** - in the RHS Main Office during school hours
- **Starting Feb. 13th** - in the ASR Room during lunch
- **Special Saturday March 3rd Drop Off** from 2 - 5 pm at:

Roosevelt High School
1410 NE 66th St
(Enter parking lot off 12th Ave. NE)
Seattle, WA 98115

Donations may even be tax deductible; check with your tax advisor. Any unsold items will be donated to the non-profit organization, Ruby Room, to help more kids www.rubyroomseattle.org.

Thanks so much for your donations and support of the sale!

Questions? Contact a Class of 2014 parent rep:

Leslie Fox - leslie.a.fox@comcast.net
Peggy Bigelow - peggy@jmcellars.com
Karen Hutchison - jkwhhutch@comcast.net
Kathy Briggs - kdbriggs@hotmail.com
Pat Johnson - patdjohnson@comcast.net
Jean Shearer - jkshearer@comcast.net
Lee Martin - leeannemartin2@gmail.com